

We are

Inquirers



We ask questions and explore different ways to move
and play.

We are

Knowledgeable



We use what we know about movement and games to
help us learn and play.

We are

Thinkers



We solve movement problems and explain the choices we make.

We are

Communicators



We share ideas, listen to others and use clear signals
when we play.

We are

Principled



We play honestly, follow our agreements and take responsibility for our actions.

We are

Open-minded



We listen to different ideas and try new ways of moving and playing.

We are Caring



We show kindness, encourage others and help everyone feel included.

We are

Risk-takers



We try safe new challenges, keep going and learn
from our mistakes.

We are

Balanced



We make time to move, rest and care for our bodies
and feelings.

We are

Reflective



We notice what is working and choose a next step to improve.